# **Ventilation Systems**



# Heat Recovery Ventilators Energy Recovery Ventilators

Copy of this information available at: keyesweb.com/ventilation

All buildings breathe–exchange air between the interior and exterior. The rate of air exchange is affected by many factors including:

- The quality of the envelope (all the exterior surfaces)\*
- Quality of vents/flues (bathroom and kitchen fans heating units, fireplaces, etc.)\*
- The temperature delta between the interior and exterior
- The humidity delta between the interior and exterior
- Wind speed and direction
- Building height

Within this list, the quality of the envelope and the quality of the vents/flues are the factors we can reasonably control.

Although these and other factors contribute to making every building unique, it can be generally assumed that the older the building the weaker the envelope–although we've all experienced exceptions.







Bathroom 50 - 100 CFM Range 300 - 1,200 CFM Clothes Dryer 100- 200 CFM

Exhaust systems remove contaminated air from the building. In the systems shown above, the air exhausted is replaced indirectly, usually through infiltration.



Heat and energy recovery ventilators exhaust air from the building while providing replacement fresh air. The ventilator uses an exchanger to transfer heat (and moisture in an ERV) between the exhaust and make-up replacement air.

# Definitions

| Name    | Description                | Units                    | Notes                    |
|---------|----------------------------|--------------------------|--------------------------|
| ACH     | Air changes per hour       | AC / hour                |                          |
| CFM     | Cubic feet per minute      | ft <sup>3</sup> / minute |                          |
| CFH     | Cubic feet per hour        | ft <sup>3</sup> / hour   |                          |
| Area    | Conditioned floor area     | ft <sup>2</sup>          |                          |
| Volume  | Conditioned volume         | ft <sup>3</sup>          |                          |
| Density | Occupancy density          | Number of people         | Number of bathrooms + 1  |
| HRV     | Heat recovery ventilator   |                          | Sensible heat exchange   |
| ERV     | Energy recovery ventilator |                          | Sensible and latent heat |
|         |                            |                          | exchange                 |

# **Sample Calculation**

Sample Residence Data Total conditioned space: 3,000 sq. ft. with 7.5 ft ceilings Three bedrooms: Occupancy density 3 + 1 = 4Total cubic volume: 3,000 ft<sup>2</sup> x 7.5 ft = 22,500 ft<sup>3</sup>

#### ASHRAE Standards

Formula factors the total conditioned floor area and occupancy density based on the number of bedrooms. Based on our sample residence:

CFM =  $[0.03 \text{ x conditioned floor area ft}^2] + [7.5 \text{ x (no. bedrooms + 1)}]$ CFM =  $[0.03 \text{ x } 3,000 \text{ ft}^2] + [7.5 \text{ x } 4]$ CFM = [90] + [30] = 120 CFM

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*Massachusetts Building Code from the International Mechanical Code* Two formulas are used, one based on conditioned volume and one based on occupancy density. The code states using the conditioned volume formula but no less than the occupancy density calculation.

Conditioned volume calculation CFH = 0.35 ACH x conditioned volume  $CFH = 0.35 \text{ ACH x } 22,500 \text{ ft}^3$   $CFH = 7,875 \text{ ft}^3 / \text{hour}$  CFM = CFH / 60 min/hr $CFM = [7,875 \text{ ft}^3 / \text{hour}] / [60 \text{ min/hr}] = 131 \text{ CFM}$ 

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Occupancy density calculation  $CFM = 15 \ CFM \ per \ Occupant$  $CFM = [\ 15 \ ft^3 / minute \ ] x [\ 4 \ ] = \underline{60 \ CFM}$ 

Therefore the required ventilation using the Mass Building code is 131 CFM, which is greater than the 60 CFM calculated density calculation.

#### **Sample Calculation**

The ASHRAE and Mass Building Code calculations suggest ventilation rates of 120 CFM and 131 CFM respectfully.



Readily available residential HRVs and ERVs range from 40 to 300 CFM.



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Ventilator intake hood - where fresh air enters the system

#### The condition of that intake hood



Interior of the ventilator - intake chamber



Year Round Operation

An HRV's exchange medium transfers **only heat** the between the exhausting stale air and the incoming fresh air.

An ERV's exchange medium transfers **both heat and moisture** between the exhausting stale air and the incoming fresh air.

